



Radical. Relevant. Real.

The Purpose and Power of Real Life's Growth-at-Home (GAH)

Real Life has decided not to hold a Corporate Gathering on the last Sunday of each month. Instead, we offer our Partners (Members) the chance to engage in 'Growth-at-Home' (GAH). This special time encourages Partners to foster their personal spiritual practice outside of a formal Gathering. GAH shifts the focus from sitting in pews to engaging in private moments with oneself, fostering an authentic communion with God, confronting truths, and courageously embracing necessary changes.

Today's "Real Point"

The Law of Giving and Receiving – Part 1

Excerpt from *A Happy Pocket Full Of Money* by author David Cameron Gikandi which gives an explanation about the Law of Giving And Receiving and why it is one of the most powerful actions you can take.

Giving: It's what it's all about. **One of the greatest laws is the law of giving.** It is a phenomenal law. Give freely and happily. Always form a habit of giving cheerfully.

Give first before you receive. Whatever energy you give will come back to you in an amazing way. You may give away your time, for example, and it comes back to you much later from an unexpected source in an unexpected form in a way that benefits you greatly. You cannot insist on a particular way and time it will come back to you, but you can be assured it will come back in the best way for you.

Give. Give. Give. And do so cheerfully and freely. It is the energy behind giving that matters so do not give grudgingly. The law of cause and effect guarantees that you shall receive plenty for what you give.

Life is for giving...Give what you have of your time, money, smiles, love, compliments, anything. And you will get back what you do not have on you.

Give graciously and receive gratefully. Grace and gratitude are the energizing factors of giving and receiving.

By taking care of society and nature, you take care of yourself. Share with and give to nature and society often. It is the goose that lays the golden eggs, and it needs to be protected and nourished so that it can protect and nourish you. **Share. Give. Help others.**



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In the proportion and to the extent that you cause others to build their wealth, so will you build your wealth.

The Universe is all energy. Energy flows. Giving promotes this energy flow, placing you in harmony with the powers of the Universe. **Whatever you wish to have, cause another being to have it first, and you will begin to have it in abundance.** Give and you will receive in multiples.

Share, share, share. **It is an investment banked with the Universe that returns to you with amazing interest.** Share gladly and genuinely. **What you wish to have, cause another to have.**

Develop an awareness that enables you to look out for and see all opportunities where you can give something freely and cheerfully. You can give material things, your time, skills, or anything else.

Get out of the habit of thinking that you should receive something first before you give. That is not giving. That is an exchange. Giving freely and cheerfully enables you to do business, if you wish to look at it that way, with the Universe. This is how it works: You give someone something that you have now with you - freely and cheerfully. The Universe, by the law, finds the best way to give back that energy to you in the form of something that you do not have with you. **It gives you back in multiples, when it is most appropriate, in the most appropriate form. It is a magical process.** Obviously, the more you give, the more magic you create for yourself. Life starts to work for you!

In your **goal setting**, remember to include several goals that are about free and cheerful giving. In addition, **Give spontaneously.** Work on the habit of giving until you get to the point where you enjoy giving. Enjoy it thoroughly.

Giving, under the law of cause and effect, is one of the most powerful actions you can take. It returns in multiples, sevenfold. You cannot afford to leave out giving in your life plan. You cannot afford to leave it to chance occurrence.

Develop giving into a habit, something you do naturally without having to think of it. This makes you into a consistent and persistent giver and the Universe will work for you.



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Today's "Real Affirmation"

I embrace the energy of abundance and acknowledge that there is ample wealth for all. As a generous being aligned with abundance, I ensure my money finds a worthy and nurturing home.

GAH "Real Giving"

Enthusiastic givers, join us online today to support your spiritual community! By staying in the flow of abundance and offering your financial contributions a meaningful purpose, we symbolize our role as contributors to the life-changing mission of this work. Visit the Real Life website and click on 'GIVE ONLINE' to make your joyful contribution.

<https://www.reallifetodaychurch.org>